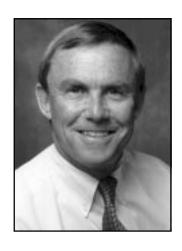


Farm News from King County Councilmember



Pete von Reichbauer



Metropolitan King
County Council
Vice Chair
Pete von Reichbauer

District 7

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516 Third Avenue King County Courthouse Room 1200 Seattle, WA 98104-3272 Summer 2003

Dear Friends and Neighbors,

I am pleased to share with you a special seasonal issue of my Farm Newsletter.

This newsletter is to keep you informed of programs and issues going on within our county. One such program, Puget Sound Fresh, facilitates purchase of locally grown produce at community markets in our area. Inside this guide you will find listings of local farms and markets as well as a handy crop growing calendar. I encourage you to visit these local markets.

In addition there are some resources via two web addresses through which consumers, retailers, restaurants, and others can access information on local farms. The web sites will link to program information, as well as to King and Snohomish county sites. The sites are www.wafarmlink.org and www.pugetsoundfresh.org.

As always, I am honored to serve as your representative on the Metropolitan King County Council. Please do not hesitate to call, write or email me with your questions or comments.

With best wishes,



Visit My Webpage at: www.metrokc.gov/vonreichbauer

County Fresh Farms in Your Area

Carpinito Brothers Farm

Contact: Leona Reinhardt Location: 1148 North Central

City: Kent

Phone: (253) 854-5692

Corn maze and pumpkin patch on West Valley Hwy. & 277th. The store is a nursery and produce market. At Christmas time we sell Christmas Trees. Open 8am to 7pm daily. From 405 take Hwy. 167 S., then 84th Ave. exit, left on 84th, 1/2 mile on left.

Canter-Berry Farms

Contact: Doug Cross

Location: 19102 SE Green Valley Rd.

City: Auburn

Phone: (253) 939-2706

A small, friendly blueberry farm, Family owned since 1954. We have made and sold our blueberry products at the farm and Pike Place Market since 1983. You may also visit us at www.blueberries4u.com. Please call ahead for hours. Call or check website for directions.

Hamakami Farm

Contact: John Hamakami

Location: 14733 SE Green Valley Rd.

City: Auburn

Phone: (253) 833-2081

This farm is a u-pick for strawberries. Nothing like fresh u-pick berries for freezing, preserving and/or fresh eating. Please call for availability and picking times. Farm located 5 miles east of Auburn on the road to Flaming Geyser Park.



Please remember that weather conditions may change harvest dates. Call ahead to check product availability. This list was prepared with information provided by, and with the permission of, the Puget Sound Farm Direct Marketing Association. Complete copies of the "Farm Fresh Guide" are available at your local library or by visiting www.pugetsoundfresh.org.

Fresh Flowers Farm

Contact: Pao Chia Hang

Location: 28229 W. Valley Hwy.

City: Kent

Phone: (425) 255-2409

Since 1998 the Fresh Flower Farm has been an 8 acre farm of flowers and vegetables. Located in Kent, the Fresh Flower Farm produces fresh and dried flowers and vegetables. Visit our farm at full-bloom in August for u-cut flowers and much more. Open daily 9:30am to 6pm, June to October. Take SR 167, then take S. 277th St. exit. Go west on S. 277th St., then turn left on West Valley Hwy. Go south about ½ mile, farm is on right.

Cedar Creek Farm

Contact: Linda deWilde - Peterson Location: 23015 SE 406th St.

City: Enumclaw

Phone: (360) 825-0462

This is a small, scenic farm on the Newaukum Creek near Enumclaw. The owner grew up in a family nursery business and now she specializes in lilacs and lavenders.

Rockridge Orchards & Bamboo Groves

Contact: Wade Bennett

Location: 41127 - 212th Ave. SE

City: Enumclaw

Phone: (360) 825-1962

A taste of Asia in Enumclaw; we have Asian pears, bamboo, tea, ciders, and heirloom tomatoes for sale. We grow produce you will not find anywhere else. Open April 18-November 2: Fridays, Saturdays and Sundays, 11am to 6pm. Take Hwy. 164 from Auburn. Turn left on 400th, at the next flashing light (212th) turn right. We are on top of the hill on right.

GreenMan Farm, CSA

Contact: Martin and Jasper Nyberg

Location: 8800 SW Dilworth Rd.

City: Vashon

Phone: (206) 567-4548

The verdant heart of Puget Sound, rural Vashon Island, is the home of GreenMan Farm. The site has been farmed continuously for nearly 100 years. This is our 5th year as a CSA in this idyllic setting, where we lovingly tend our raised beds, row crops, greenhouses, orchard, flock of chickens and family of French Alpine goats. We are passionate about growing healthy food for you and your family. We strive to create a flourishing garden which mimics the diversity and resiliency of natural systems. We rely on cover crops, compost, and friendly animal helpers to prepare rich, healthy soils and the best food that sunshine, soil and rain can grow! We are open 9AM-5PM during the growing season.

Clovos Creek Nursery

Contact: Mike Lee Location: 2409 - 59 SW

City: Vashon

Phone: (206) 749-9508

We are a wholesale and retail nursery specializing in native, drought-hardy and uncommon trees, shrubs and perennials. We have a mail order catalog. Plants are grown in containers in a bark/sand mix.



Field Day Farm

Contact: Donald Smith

Location: 23720 Dockton Rd. SW

City: Vashon

Phone: (206) 463-9032

This 18 Acre U-Pick farm has apples, Asian pears, figs, cherries, nuts, raspberries, strawberries, tomatoes, basil, flowers and an annual pumpkin patch. Plants and nursery stock are available. There is picked produce available at the farm stand. It is wise to call ahead about availability of a specific product. We use organic growing practices although we are not certified.

Pacific Potager

Contact: Michelle Crawford Location: 27918 Vashon Hwy. SW

City: Vashon

Phone: (206) 463-2750

Pacific Potager (a potager is an ornamental vegetable garden), specializing in plant starts and produce from around the world but that also grows well in the Northwest. Flavor and beauty are priorities. Specializing in 40 varieties of heirloom tomatoes for starts and fruit and an 80 ingredient salad mix. The farm is organic but are not certified. Products are available at a self-serve stand on the farm, and at the Vashon farmers market. Community and children's gardening classes are available.

Kennydale Blueberry Farm

Contact: Sue Kinzer

Location: 1733 NE 20th St.

City: Renton

Phone: (425) 228-9623

Blueberry season starts approx. mid-July and runs until finished in late September. Open Wednesday through Saturday for U-pick blueberries. We use no sprays on our berries. Naturally grown. Please limit your calls to our business hours. We have clean fields and well pruned, easy picking bushes. Usually open Wednesday through Saturday, 9am to 6pm. Subject to change, please call first.

Mech Apiariers

Contact: Don & Doris Mech Mech Location: Maple Valley Rd SE

City: Maple Valley Phone: (425) 432-3971

We have been producing Washington's unique varietal honeys since 1973. Look for us most Saturdays at Pike Place Market in the North Arcade.



Remlinger Farms

Contact: Gary & Bonnie Remlinger

Location: 321610 NE 32nd St

City: Carnation

Phone: (425) 333-4135

Remlinger Farms is located in a small, quiet, secluded valley. We use conservative IPM farming practices so you never have to hesitate about eating fruit out of our fields. We love to have you visit, enjoy, and support our family farm. The farm is loaded with lots of entertaining activities for family fun with a U-pick Strawberry Festival in June, U-Pick Raspberry Festival in July, and U-Pick Pumpkin Festival in October. Our On-Farm Market features all Eastern and Western Washington fruits and vegetables in season. Our farm Restaurant and Bakery (features fresh frozen "U-Bake" Pies to take home), Gift and Consignment shop. A "Country Fair Fun Park" features animal petting, pony rides, steam train rides and lots of child-safe farm fun. We cater birthday parties, company picnics and farm tours. For more information and detailed driving

instructions visit our website. Open May to October, 9:30am to 6pm. 1 mile south of Carnation off Hwy 203, south of the Tolt River Bridge.

Serres Farm

Contact: Bill Serres

Location: 20306 NE 50th St

City: Redmond

Phone: (425) 868-3017

Our family started farming in 1977 with 8 acres of U-pick vegetables. By 1984 we expanded to 15 acres and started Upick strawberries. In 1992 we expanded to 22 acres and added U-cut Christmas trees and in 1995 U-pick pumpkins. In 2002 we added a corn maze. All of our strawberries are June bearing and we sometimes have picked strawberries. We sell cornstalks and all sizes, types, and shapes of u-pick pumpkins and gourds, and operate a corn maze during October. Our working farm is a low key operation with no entrance fees. We have a large red barn and picturesque Evans Creek on our property. The farm is located close to the urban area in beautiful Happy Valley just 2 miles east of Redmond along SR202. Strawberries: June through Mid-July, open daily 9am to 7pm. Pumpkin Patch: September 27 through October 31, 10am to 6pm weekends, 3pm to 6pm weekdays. U-cut and Precut Christmas trees November 29 through December 15: weekends, 9am to 5pm, Fridays 2pm to 5pm. 3 miles east of Redmond on Redmond-Fall City Hwy (SR 202) to Gray Barn, then south (right) 1 block (.15 mile) on Sahalee Way, then west (right) .25 mile on NE 50th to farm.



Provided by
Councilmember
Pete von Reichbauer

Weather may change harvest dates

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
Apples (Fresh Picked)												
Asparagus												
Beans												
Beets												
Blackberries												
Blueberries		3	0									
Boysenberries					>							
Broccoli												
Brussels Sprouts		1		~ ~								
Cabbage		7		/								
Carrots		6	(00)	3								
Cauliflower		8	1500	3/5	-							
Celery			Code									
Cherries (Pie)												
Cherries (Sweet)		1:1										
Corn		1.	1./.	17.	1							
Cucumbers			-//	/								
Currants												
Dill												
Garlic												
Gooseberries												
Herbs												
Honey												
Lettuce												
Logan Berries												
Marion Berries												
Melons												
Nuts												
Onions												
Peas												
Peppers Planta (Radding)												
Plants (Bedding)												
Potatoes Pumpking												
Pumpkins												
Quince												
Raspberries Respherries (Fall)												
Raspberries (Fall)												
Rhubarb		+										
Spinach												
Squash (huma)		1										
Strawberries (June)		1										
Strawberries(Everbearing)												
Tomatoes						1						
Zucchini												

Felicity Acres Farm

Contact: Dennis and Linda

Duncan

Location: 7503 Crescent Beach Rd.

KPN

City: Vaughn

Phone: (253) 884-5442

Felicity acres is a sustainably farmed, 10 acre family farm. We grow U-Pick strawberries and raspberries without chemical fertilizers or pesticides. Our eggs come from happy chickens, fed certified organic grains and raised on real grass. We also raise llamas and Icelandic sheep for a variety of naturally colored wools. Breeding stock of pet animals are available. Ewes raise our naturally produced lambs with their milk and grass and/or grass hay to produce tender and very mild-flavored meat. Please call before you come. Hours and availability vary. You are welcome to enjoy a picnic on the lawn or take a guided tour of our farm.

Loves Farm

Contact: Lorin Ginther Location: 2010 Meridian E.

City: Edgewood

Phone: (253) 952-7006

Continuous farming in Pierce County / Puyallup area for 30 years. We grow raspberries, boysenberries, marion berries and over 30 varieties of fruit and produce. Our farm stand began in 1979. During the Holidays we open a large Christmas tree lot and offer custom snow flocking on our trees and wreaths. Please call (253) 942-3667 for hours and availability.





In support of encouraging local produce markets, Pete is shown meeting with Mike Carpinito at Carpinito Brothers of Kent.

Find Farm Fresh Products in the city --Check out these Farmers Markets

Carpinito Brothers Market

Monday-Friday 9am-7pm Saturday 8am-7pm Sunday 8am-6pm 1148 North Central, Kent

Contact: Leona Reinhardt (253) 854-5692

Redmond Saturday Market

Saturday 9am-3pm May 3-October 25

7730 Leary Way at Bear Creek Pkwy Contact: Joan Westlund (425) 556-0636

Pike Place Market

Monday-Saturday 9am-6pm Sunday 10am-5pm Year-Round

Corner of Pike St. and Pike Place Contact: Marlene Allen (206) 774-5253

Vashon Is. Farmers Market

Saturday 9am-2pm, Wednesdays 9am-noon April 15-October 11 1/2 Block north of Bank Road on Vashon Hwy SW

King County Farm Facts:

The average King County dairy farmer produces enough gallons of milk for just under 30,000 people per year.

King County dairies produced over 35 million gallons of milk with the average dairy producing 688,155 gallons per year.

King County has the highest horse population in the state of Washington.

King County has over 1,000 farms for approx. 42,000 acres total land area.

There are approximately 25 farms still in existence in King County that were established before the year 1900.



Metropolitan King County Councilmember **Pete von Reichbauer**King County Courthouse
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King County - A Resource for Your Yard and Garden

Visit www.dnr.metrokc.gov/ to learn more about:

Northwest Native Plants

Replace your lawn with native plants and sign up for hands-on Naturescaping workshops.

Call: 206-296-1923

Healthy Soil

Get practical tips on using compost and worm bins and learn about GroCo compost derived from King County's biosolids. Call: 206-205-3100 or 206-296-4466

Safer Gardening and Pest Control

Consider a safer approach to insecticides and learn some clever, time-tested tricks of ecologically-friendly gardening.
Call: 206-205-3100

West Nile Virus Hotline

Removing sources of standing water on your property and around your home reduces places where

mosquitoes can lay their eggs. Many mosquitoes only need a few ounces of water to lay and hatch eggs. Call:

206-205-3883



Natural Lawn Care

Save money and time with grasscycling, fertilizing and watering methods. Call: 206-633-0224

2003 Farm Fresh Guide Inside!